



Pānui

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Term rua Wiki ono
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Tumuaki / Principal's Column

Kia ora e ngā whānau me ngā hoa o te Kura Tuatahi of Goodwood.

*Greetings to all family and friends of Goodwood School. **A bigger read today!***

What is it with "Mean Girls?"

Another great celebration of Bully Free NZ week has **got me thinking!**

What is it that causes clever and caring girls (and sometimes boys) from loving whānau to exhibit behaviours such as **saying mean things, telling secrets or lies and excluding others**, including, at times, their friends? This happens at **all** schools and is a real puzzle?

I have witnessed this phenomenon multiple times. In fact, some years, we wonder, and are VERY surprised by those, who seem to feel the need to fill the 'mean girl' vacancies!

Research helps us to understand some of the drivers. Rosalind Wiseman, in her book "Queen Bees and Wannabees," argues that some of the behaviours are the result of girls attempting to create the dominance based societal hierarchies they have learned through peer pressure and media influences. There may even be innate and invisible biological drivers that create a perceived 'need' for hierarchical organisation of groupings, particularly in teen and pre teen girls!

Also, over many years I have seen the **pressure on young children increase exponentially**. I started teaching before the internet. During those times children usually had an enforced 'social break' when they got home. The only means of communication was the home telephone landline. Children often had limited access to the phone - in case that 'important call' was coming through for the adults in the house.

Today, through social media, there is the potential for 24 hour social connection, and, **dangerously, not just with one person, but potentially with hundreds of people or more**. Apps such as "Kid Messenger." are targeted at children as young as eight years old. Have young brains developed so much in the past 30 years that they can cope with this onslaught of complex nonstop communication? I personally think no. Recently, we were supporting an eight year old explorer with some online bullying. I was disappointed, but not surprised, to find that she had over 200 'friends' on one particular app. She knew only eight of those friends in person. Who else could have been communicating with that young girl through unmonitored chat functions?

I also look at **the changes in the media that children are consuming**. Thirty years ago, media was predictable. TV shows such as Mork and Mindy or MacGyver had predictable, albeit, somewhat corny, storylines. Bad people created a problem, there was some action, good people solved the problem and the bad people often learned a lesson and became 'better.' Today's media is much more ambiguous. Shows such as Survivor or The Bachelor **actively PROMOTE lying, backstabbing and exclusion**. The celebrated winners are usually the ones who exhibit these undesirable traits the best! Our children are ALWAYS watching.

Gaming is often worse than TV media. The first electronic games were simple and mind numbing bat and ball or Tetris type games. Heartbreakingly, we know that some of our explorers have seen, or played, Grand Theft

Auto or Fortnite, despite their age ratings. In these games, **you win by committing the most crimes or being the best at mass killing!** What impact are these experiences having on a developing brain? How are the 'values' they promote transferred into their school or home interactions? Why is it okay to be fraudulent in falsifying age details now - but fraud is not okay later on? What are the dangers in telling the internet that your child is 13 years old when in reality they are only eight years old?

Is it any wonder that our girls (and boys - especially when considering video games!) are confused and behave in ways that are counter to our, and your, messages and values?

We work relentlessly to support our explorers in this area. We walk, and talk, our GRIT values daily. Our social media is **relentlessly positive** and promotes healthy activities and relationships. We bring in the experts, Nicky Wise / Life Education and John Parsons to name but two, with their research based and community focussed skills and messages. We come from a trauma based stance when supporting explorers when it goes wrong. **We believe in them, ALL of them.** We help them to acknowledge their mistakes, make reparation, and learn from them. We listen, coach, guide and support. We aim for **friendships to recover** and strengthen, a **much** trickier approach than a simpler purely 'punitive' response - especially when that is our natural initial reaction.

You support us in this work. When we call, if your explorer has made a mistake in their friendships, we value your reinforcement of our messages and your willingness to help your explorer to reflect upon the perspectives of **ALL** of those involved. We appreciate your support when they are held accountable for their actions and there are consequences and lessons to learn. We appreciate it when you **refuse** to let others make your parenting decisions by adhering strictly to age limits on apps, games and social media for your explorer. Even when they plead that many of their friends are breaking the law so why can't they? We love it when you come along to information sessions like 'Keeping Ourselves Safe' and John Parsons' parent evening on **Tuesday 15 August** this year.

Supporting our amazing explorers, and especially when they are affected by the 'Mean Girls' phenomena is hard work and it is community work. Mostly it is very rewarding. Each day 380 explorers walk through our gate and interact with at least 100 others across the 200 school days per year. Of those seven and a half million interactions only a tiny percentage go wrong. When they do, we are committed to this work and appreciate and value your support.

David and your Goodwood Team

School App - have you downloaded?

All current information is available on our school calendar at...

[GOODWOOD SCHOOL CALENDAR](#) and are also available on our school app for [Android](#) or [Apple](#) at present we have over 2000 downloads.



Happy June birthday to:

Finn T, Adelaide L, Keelan M, Struan S, Eliana T, Aashi D, Elijah M, Emelia S, Vivika M, Ava B, Harry A-H, Josh B, Luca B, Ella R, Anastasia R, Loretta C, Mansi D, Charlotte J, Shiah M, Zarah K, James N, Kane H, Cadence S, Alexander W, William P, Keana T, Aubrey W, Madelaina R, Daisy F, Ava R, Connor b, Aubrey W, George F, Kyle M and Ocean M-P.

Teacher Only Day - Friday 16 June

We have a Cambridge wide Teacher Only Day scheduled for **Friday 16 June**. All Cambridge Schools will be closed on this date as the 500+ teachers across our kāhui ako gather at the Don Rowlands Centre for our only combined professional day of the year. We will be working with educational researchers Melanie Riwai Couch and Mere Berryman amongst others.

This is field days Friday - if you're heading to field days this year - please make this your day to visit. If not, you may also want to consider making this a long weekend?

As always - if you require your child to be at school on the 16th of June, We will have care available right here at school. [PLEASE BOOK HERE](#) If you need to access the holiday programme but cost is an issue, please contact us and we can help.

Reporting to Parents and Student Led Conferences

As we approach the middle of the year we are looking forward to sharing upcoming reporting opportunities with you. On **Monday 26th and Tuesday 27th of June** we will be hosting student led conferences. These conferences allow the most important people in your child's learning journey, your child, their teacher and you, the chance to get together to share and celebrate learning successes and refocus goals for the remainder of the year.

Conferences run Monday from 12:30 pm - 6:45 pm and Tuesday 3pm - 5:30pm. School will finish at 12:15 pm on Monday 26 June and children can be collected at this time. We will care for children who are unable to be collected.

We will share how to book for student interviews in week 8.

Later this term, mid year reports will be issued which will summarise your child's achievement and future goals and report their progress against the expected levels of the New Zealand Curriculum.

Infectious Diseases

Further down this newsletter is an infectious diseases chart that details the exclusion period from school for common (and less common) diseases. We have recently had three or four cases of conjunctivitis - thank you for your support in notifying us and keeping your explorer home for the required period. This is very important in minimising transition of infections.

We will share the PDF of the chart for easier reading and in case you wish to save or print it for future reference.

Rural Sports Day - Tomorrow - Year 5 and 6

We wish our Year 5 and 6 explorers all the best at tomorrow's rural school's winter sports day. Our explorers will be taking part in a range of sports along with students from a number of schools from around Cambridge.

Photolife - Tuesday 6 June

Photolife Studios will be at school on Tuesday 6 June to take class photographs, individual and sibling photographs. If you would like a sibling photograph please pop into the office on Tuesday morning to fill in a form or print and scan the one below back to me.

PhotoLife SIBLING PHOTO REQUEST

ONLY ONE FORM IS REQUIRED PER SIBLING PHOTO
THIS FORM MUST BE SIGNED BY PARENT OR CAREGIVER AND RETURNED TO SCHOOL
BEFORE PHOTO DAY FOR PHOTO TO BE TAKEN

FAMILY LAST NAME: _____

List Full Name and Room Numbers of Children to be Photographed Together – **OLDEST FIRST**

Name:	Room No:
Name:	Room No:
Name:	Room No:
Name:	Room No:
Name:	Room No:

I authorise the above detailed children to be photographed together for a Sibling Photo:

PARENT / CAREGIVER SIGNATURE:

After Photo Day you will receive a Photo Access Key to view and purchase your Sibling Photo Pack ONLINE

We are here to help

If you have any further questions please contact us
09 262 1040 or 0800 501 040

PhotoLife
www.photolife.co.nz

PhotoLife

100% New Zealand

Your child's school photos will be taken
at **Goodwood School**
on **Tuesday 6th June 2023**

View and purchase your child's photos online

- Look out for your Child's Photo Keycode that they will bring home a couple of weeks after PhotoDay or it will be EMAILED to you.
- Use your unique Photo Keycode to view your child's photos at www.photolife.co.nz
- Orders placed before the Free Delivery Expiry Date will be bulk printed and delivered to the school for your child to bring home.
- Check the Bulk Expiry Date when you go online to view your child's photos.

Sibling Photographs P.T.O

If your school has approved for us to take Sibling Photographs you need to do the following:

- RETURN** the signed Booking Form listing your children's names and room numbers to the School Office **BEFORE** Photo Day.
- If there is **NO SIGNED FORM OUR PHOTOGRAPHERS ARE NOT AUTHORISED TO TAKE A SIBLING PHOTOGRAPH.**

International Sausage Roll Day - Monday 5 June

Sausage Roll Day is celebrated on June 5 every year to appreciate, eat, and relish the mixture of meat, seasoning, and buttery pastry. Do you know that sausages have been around for over 2,000 years? That earns it the title of one of the oldest consumed foods in the world. Sausages are generally made by mixing chopped or minced meat with different seasoning and cereals, and inserting it into a casing of animal intestine. The modern-day sausage's birthplace is in Britain.



Donation and Photocopy Fee

Thank you everyone who has paid our school donation. This is an essential source of income to ensure that our school can provide our explorers with the resources and support that they need.

Some school funding is determined by an ['Equity Index'](#) designed to reduce the impact that socio-economic factors can have on student achievement (this has replaced the 'decile system')

Here is an interesting comparison of funding levels between Goodwood and a higher equity needs school.

	Equity Index	Equity Funding	Inclusion Funding	School Donation Scheme	Total of support funding
Goodwood School (Roll 378)	387	\$8.13 per explorer = \$3073	\$43.91 per explorer = \$16597	Not eligible	\$19,670
Higher Equity Need School with same roll number (Roll 378)	569	\$1029 per student = \$585,501	\$102 per student = \$38,556	\$150 per student = \$56700	\$680757

We have no doubt of the high level of need at schools with higher equity funding and that they need every dollar allocated! We ALSO need to provide support for all Goodwood explorers who need it. Our annual teacher aide budget is in excess of \$150000, well above the **\$16597** that we receive in 'inclusion funding.'

Your donation will help provide support and resources for all explorers. Our school donation remains unchanged for a number of years at \$110 per child or \$210 per family. This will be included on your accounts and would be greatly appreciated.

We also charge a paper fee of \$25 to help cover consumables and materials that children bring home. This is a small contribution that allows us to provide high quality resources in our classes despite our lower operations grant. As always if payment is a challenge - please contact us and we can help.

You will have noted that the government's Budget 2023 has allocated a 3.5% increase to school operations grants. This follows a Goodwood School (roll increase adjusted) operational grant increase of around 3% this year. The cost of inflation of around 6% and particularly wage inflation for support staff has meant that we have less funding in real terms to support learning. Your donation and support for the paper fee helps us to continue to provide high quality staff, resources and programmes for our explorers. We appreciate your support.

New enrolments

Do you have a 4 year old that will be starting school this year? If you have not already done so could you please let Trudy know so we can add them to our system.

Spare Clothes

As the colder wetter weather takes hold it is a good reminder to please pack spare clothes into your explorer's bag as when it rains we have some very enticing puddles around the school. We are in need of shorts or leggings/joggers from age 5 - 10 so if you have any to spare please leave them at the office.



John Parson - Save the Date

Child internet safety expert John Parsons will be presenting at **Goodwood at 7 pm on Tuesday 15 August** - clear your diary now so you can attend this essential session.

Follow John on Facebook and watch here for his most recent [videos on Cyber Safety](#).

Pātai of the week: What food has it's own international day on 5 June and how long have they been around?

(The answer is somewhere in this newsletter)

(There will be a box in the office for you to pop your name and answer in and we will draw out a name with the correct answer to win a cookie).

Your Lunch Box - lunch orders paused

This message is from Sophie - our awesome "Your Lunch Box" owner..

With the arrival of baby #2 due in the next few weeks...I have decided to close off lunch orders from 2nd June for the remainder of the term....missing the last 4 weeks of Term 2.

I would have liked to have had someone cover the remainder of the Term but realistically...it is not a viable option at this time. I understand this will be an inconvenience for some parents but we would really appreciate your support in this difficult situation. It is my absolute intention to kick it off again for Term 3...

*Thank you for all your support with my small business....it really is so appreciated.
Looking forward to jumping back into the swing of things come Term 3. :)*

We would like to wish Sophie all the very best with her new addition to her whānau! Friday sausage sizzles will continue each Friday.

After School Care Supervisor Opportunity Fixed Term

Our wonderful after school care supervisor Kerin is heading away for some much anticipated overseas travel during the first four weeks of next term (July 24 - August 21) . We are looking for someone to cover in Kerin's absence. The hours are 2pm - 6pm and could be 3, 4 or 5 days per week over that period. The successful applicant will enjoy working with children and will be subject to a clear police vetting check. If you are interested - please email david@goodwood.school.nz

Good News Goodwood



Thanks to ex-explorer Luke, and friends Keaton and Blake who are leading football development sessions with our explorers at lunchtime. These senior high school students hold their coaching badges and are members of the CHS 1st XI. The programme is a way for Luke, Keaton and Blake to promote teamwork, coordination, and confidence and to give back to others. They are great ambassadors for [Cambridge High School](#)

Great to see SO MANY Goodwood explorers and Whānau enjoying the [Bicycle Revolution Cambridge](#) Autumn roll last weekend - thanks to those who made it happen. See you at the next one!



Kia Ora to Rūma Korimako and Rūma Tūi for a fantastic assembly sharing many of Harold and Nicky's Life Education messages from the past two weeks. Congratulations to our award winners.

What an EPIC [#pinkshirtdaynz](#) we had at Goodwood School. Awesome to celebrate our commitment to a bully free nz with Nicky and Harold from [Life Education Trust Waipa/King Country](#) Lots of our explorers have said that bully free week should be EVERY week - and they are right! Thank you for your support.





Our house captains and deputies had a great day at the National Young Leaders day hosted at Claudelands Arena this week. This year we made the trip available to all of our Year 6's who had applied for leadership roles. The leaders heard from a range of inspirational speakers and have come back ready to make an even bigger difference for explorers.



Our amazing Goodwood team revealed another of their many talents at a [Paintvine](#) session last week. Banksy was the inspiration for these masterpieces, created during an evening of fun and connection.

Get to know the Goodwood Team

David Graham, our awesome Principal & leader, here are his favourite things:

1. What are your hobbies/interests?

David: I enjoy cycling and ride whenever I can

2. Are you an early bird or a night owl?

David: Principals need to be both!

3. If you could have a superpower what would it be?

David: Time travel!

4. When you were a child what did you want to be when you grew up?

David: While I was at high school, I actually applied unsuccessfully to be a trainee zookeeper at Auckland Zoo! Hey, who said this is the next best thing??!!

5. What kind of music do you like to listen to?

David: A range of stuff, am a big Neil Young fan, and loved the Green Day concert in Auckland a few years ago. I enjoy a range of NZ music also.

6. Do you have any pets, if so, what's their names?

David: A lovely chocolate Labrador called Harry

7. What was the name of your first Primary School?

David: Dovedale Infants School in Liverpool, England. Fun fact - it was John Lennon of the Beatle's Primary School. Mum and dad lived on Penny Lane!

8. What is your favourite season of the year?

David: Usually Autumn with the crisp clear days - this Autumn might have changed that though!

9. What is your favourite food?

David: Generally all of it! Can't beat Thai food though.

10. What is your go to board game?







David: Draughts or chess - have some great battles with the explorers in after school care.



We will have another team member profile in our next edition.

Infectious Diseases:








information & exclusion list

Condition	This disease is spread by	Early Symptoms	Time between exposure and sickness	Exclusion from school, early childhood centre, or work*
Rashes and skin infections				
Chickenpox 	Coughing, sneezing and contact with weeping blisters.	Fever and spots with a blister on top of each spot.	10-21 days after being exposed.	1 week from appearance of rash, or until all blisters have dried.
Hand, foot and mouth disease	Coughing, sneezing and poor hand washing.	Fever, flu-like symptoms - rash on soles and palms and in the mouth.	3-5 days	Exclude until blisters have dried. If blisters able to be covered, and child feeling well, they will not need to be excluded.
Head lice (Nits)	Direct contact with an infested person's hair, and less commonly by contact with contaminated surfaces and objects.	Itchy scalp, especially behind ears. Occasionally scalp infections that require treatment may develop.	N/A	None, but ECC/school should be informed. Treatment recommended to kill eggs and lice.
Measles 	Coughing and sneezing. Direct contact with an infected person. Highly infectious.	Runny nose and eyes, cough and fever, followed a few days later by a rash.	7-21 days	5 days after the appearance of rash. Non-immune contacts of a case may be excluded.
Ringworm	Contact with infected skin, bedding and clothing.	Flat, ring-shaped rash.	4-6 weeks	None, but skin contact should be avoided.
Rubella (German Measles) 	Coughing and sneezing. Also direct contact with an infected person.	Fever, swollen neck glands and a rash on the face, scalp and body.	14-23 days	Until well and for 7 days from appearance of rash.
Scabies	Contact with infected skin, bedding and clothing.	Itchy rash.	4-6 weeks (but if had scabies before it may develop within 1-4 days)	Exclude until the day after appropriate treatment.
School sores (Impetigo)	Direct contact with infected sores.	Blisters on the body which burst and turn into scabby sores.	Variable	Until sores have dried up or 24 hours after antibiotic treatment has started.
Slapped cheek (Human parvovirus infection) 	Coughing and sneezing. The virus may be passed from mother to child during pregnancy.	Red cheeks and face-like rash on body.	4-20 days	Unnecessary unless unwell.
Diarrhoea & Vomiting illnesses				
Campylobacter Cryptosporidium Giardia Salmonella 	Undercooked food, contaminated water. Direct spread from an infected person or animal.	Stomach pain, fever, nausea, diarrhoea and/or vomiting.	Campylobacter 1-10 days Cryptosporidium 1-12 days Giardia 3-25 days Salmonella 6-72 hours	Until well and for 48 hours after the last episode of diarrhoea or vomiting. Cryptosporidium - do not use public pool for 2 weeks after symptoms have stopped. Salmonella - Discuss exclusion of cases and contacts with public health service.
Hepatitis A 	Contaminated food or water, direct spread from an infected person.	Nausea, stomach pains, general sickness with jaundice (yellow skin) appearing a few days later.	15-50 days	7 days from the onset of jaundice.

* Seek further advice from a healthcare professional or public health service.

Infectious Diseases:

information & exclusion list

Condition	This disease is spread by	Early Symptoms	Time between exposure and sickness	Exclusion from school, early childhood centre, or work*
Diarrhoea & Vomiting illnesses				
Norovirus	Contact with secretions from infected people.	Nausea, diarrhoea/and or vomiting.	1-2 days	Until well and for 48 hours after the last episode of diarrhoea or vomiting.
Rotavirus 	Direct spread from infected person.	Nausea, diarrhoea/and or vomiting.	1-2 days	Until well and for 48 hours after the last episode of diarrhoea or vomiting.
Shigella 	Contaminated food or water, contact with an infected person.	Diarrhoea (may be bloody), fever, stomach pain.	12 hours-1 week	Discuss exclusion of cases and their contacts with public health service.
VTEC/STEC (Verocytotoxin- or shiga toxin-producing E. coli) 	Contaminated food or water, unpasteurised milk. Direct contact with animals or infected person.	High incidence of bloody diarrhoea, stomach pain. High rate of hospitalisation and complications.	2-10 days	Discuss exclusion of cases and their contacts with public health service.
Respiratory Infections				
Influenza and Influenza-like illness (ILI) 	Coughing and sneezing. Direct contact with infected person.	Sudden onset of fever with cough, sore throat, muscular aches and a headache.	1-4 days (average about 2 days)	Until well.
Streptococcal sore throat	Contact with secretions of a sore throat. (Coughing, sneezing etc.)	Headache, vomiting, sore throat. An untreated sore throat could lead to rheumatic fever.	1-3 days	Exclude until well and/or has received antibiotic treatment for at least 24 hours.
Whooping cough (Pertussis) 	Coughing. Adults and older children can pass on the infection to babies.	Runny nose, persistent cough followed by "whoop", vomiting or breathlessness.	5-21 days	Five days from commencing antibiotic treatment or, if no antibiotic treatment then 21 days from onset of illness or until no more coughing, whichever comes first.
Other Infections				
Conjunctivitis (Pink eye)	Direct contact with discharge from the eyes or with items contaminated by the discharge.	Irritation and redness of eye. Sometimes there is a discharge.	2-10 days (usually 3-4 days)	While there is discharge from the eyes.
Meningococcal Meningitis 	Close contact with oral secretions. (Coughing, sneezing, etc.)	Generally unwell, fever, headache, vomiting, sometimes a rash. Urgent treatment is required.	3-7 days	Until well enough to return.
Meningitis - Viral	Spread through different routes including coughing, sneezing, faecal-oral route.	Generally unwell, fever, headache, vomiting.	Variable	Until well.
Mumps 	Coughing, sneezing and infected saliva.	Pain in jaw, then swelling in front of ear and fever.	12-25 days	Exclude until 5 days after facial swelling develops, or until well.

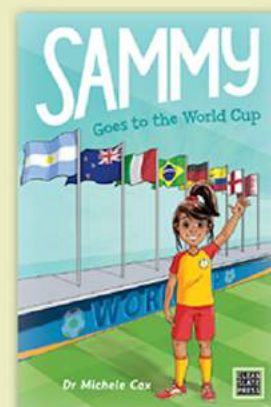
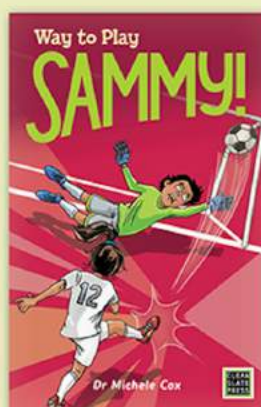
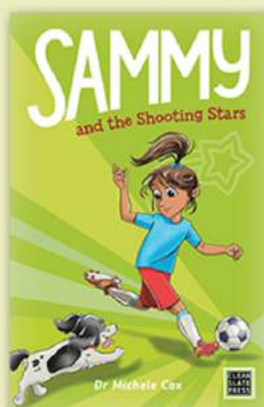
* Seek further advice from a healthcare professional or public health service.

Come & Join us for

CHILDREN'S BOOK LAUNCH

& Author Signing

by author and former
Football Fern,
Dr Michele Cox



Saturday 10th June - 12.00 pm to 2.00pm
Books for Kids, 310 Grey Street,
Hamilton East

COMMUNITY CLASSIFIEDS

Hi everyone, my name is Paige Gascoigne and I'm an ex-student from Goodwood School.

I'm back in Cambridge over the Uni break (18th June - 15th July) which includes the school holidays, and I would love to do some babysitting over this time.

I have lots of experience in this area including nannying, and really enjoy spending time with kids! I have my full drivers licence and am more than happy to be involved with transport, cooking and general housework. I'm also happy to provide my CV and references.

Feel free to contact me on 021 646 414 if you're interested or would like more information. Thanks, Paige.

Short term house for rent from mid June to Mid August.

4 bed, 2 bathroom. 5-10 minute walking distance to the Town centre.

This would suit someone who is in the process of purchasing a house or maybe have family members coming to visit from overseas who would like their own space.

Please contact Trudy on 827 6817 or call into the school office for further details.